

Launched in April 2019 the Soham Community Association's aims are to bring the people of Soham together to promote a greater sense of community.

Anyone aged 16 or over who lives, works, or volunteers in the Parish of Soham is (automatically) a member.

Contents	Page
Church news	8,
Community News	5,6,7,11,14,16,17,19,21,25,26
Directory	30. 32
Library events	4
Town Council	6
Tips	28

### SCA Contacts

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**Contact us on**

**[SCAinformation@protonmail.com](mailto:SCAinformation@protonmail.com)**

if you are interested in volunteering with us or you would like to sponsor us.



*Bren Francis*

Chair SCA

Welcome to the third issue of Jigsaw, the Community Newsletter for Soham.

We're looking forward to the annual Pumpkin Fair taking place on Saturday 28 September at Soham Recreation Ground. There are many groups taking part and supporting this event which highlights the great community spirit we have in Soham. Come and find us on our stall to say hello.

### Newsletter

The next issue will be published at the end of October to cover events in November and December.

News events and adverts can be sent to the editor by 10<sup>th</sup> of October. Hard copies are available from Soham Library, The Pavilion, Staploe Surgery, The Causeway Centre, local churches, Viva Charity Shop and some local businesses. Each edition is also published on Facebook.

 [@sohamcommunity](https://www.facebook.com/sohamcommunity)



## Natural Leaders when it comes to pets

We are a large but friendly natural pet store that cares about pets and our customers. We love what we do. We stock high quality products, offer a knowledgeable service and have a passionate team that makes a relaxed and fun shopping experience for you and your pet.

We're revolutionising how people feed their dogs & cats - providing quality, natural food, made with the best natural ingredients to nourish healthier, happier pets.

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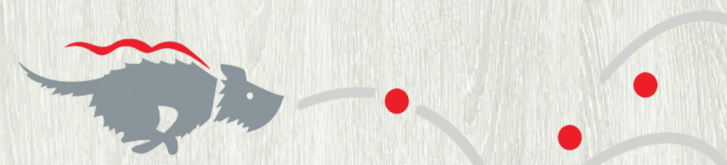
Monday to Friday 9am - 6pm, Saturdays 9am - 5.30pm, Sundays 10am - 4pm, Bank Holidays 10am - 5pm



Northfield Crossroads,  
A142 Soham by-pass, Soham,  
Ely Cambs, CB7 5UE  
Tel: 01353 720431  
Email: [info@scampers.co.uk](mailto:info@scampers.co.uk)

[www.scampers.co.uk](http://www.scampers.co.uk)

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And follow us on  @[@ScampersPets](https://www.instagram.com/ScampersPets)





**Soham Community Association**

Bren Francis Tel: 07814 780288  
[SCAchair@protonmail.com](mailto:SCAchair@protonmail.com)  
 FB @sohamcommunity

**Soham Community Group**

email [carol@sennitt.com](mailto:carol@sennitt.com) Tel: 07762 645579

**Soham Library** – Clay Street, CB7 5HJ.

Tel: 03450 455225

**Soham Men's Shed** - Angle Farm, Angle  
 Common. Tel: 07831 168899

**Soham Methodist Chapel** – Rev Colin Watkins  
 Berrycroft, CB7 5BL Tel: 01353 720347

**Soham Museum** [www.sohammuseum.co.uk](http://www.sohammuseum.co.uk)

**Soham Town Council** – Tel: 01353 723472

email mail [info@soham-tc.gov.uk](mailto:info@soham-tc.gov.uk)  
<https://www.soham-tc.gov.uk/>

**Soham Town Forum** – Community Forum

<http://www.facebook.com/Soham-Town-Forum>

**Soham Twinning Association** – Twinned

with Andrezieux-Bouthéon, France

[www.sohamtwinning.org.uk /](http://www.sohamtwinning.org.uk/)

<http://www.facebook.com/sohamtwinning.org>

**Soham Village College** – Sand Street, Soham, Ely,

Cambs., CB7 5AA. Tel: 01353 724100

[www.sohamvc.org](http://www.sohamvc.org)

**St Andrew's Church** – Revd. Eleanor Whalley,

Churchgate/Fountain Lane, CB7 5ED.

Tel: 07494 222390

[www.sohamandwicken.org.uk](http://www.sohamandwicken.org.uk)

**St Andrew's C of E Primary School** – Sand Street,

CB7 5AA. Tel: 01353 720345

[www.st-andrews.soham.org.uk](http://www.st-andrews.soham.org.uk)

**Tai Chi at Millbrook**

Every Monday at 10am, Millbrook House, Lode

Cl, CB7 5WN Mo Childs Tel: 07900 858309

**The Library Presents**

Nathan Jones, Co-ordinator

Tel: 01223 706720

[facebook.com/thelibrarypresents](https://facebook.com/thelibrarypresents)

[thelibrarypresents@cambridgeshire.gov.uk](mailto:thelibrarypresents@cambridgeshire.gov.uk)

**The Shade Primary School** – The Shade

CB7 5DE Tel: 01353 612948

[www.theshadeprimary.org.uk](http://www.theshadeprimary.org.uk)

**The Weatherall's Primary School** – Pratt Street,

Soham, Ely, Cambs., CB7 5BH.

Tel: 01353 720456

[www.weatheralls.eschools.co.uk](http://www.weatheralls.eschools.co.uk)

**Thrift Community Land Trust for Soham**

[www.thriftsoham.org.uk](http://www.thriftsoham.org.uk)

**VIVA!** Rachael Polsom, Administrator

7 Churchgate Street, CB7 5DS

Tel: 01353 722 228

[vivayouth@hotmail.co.uk](mailto:vivayouth@hotmail.co.uk)

[www.viva-group.org.uk](http://www.viva-group.org.uk)

**Voluntary and Community Action for East**

**Cambridgeshire (VCAEC)**

Tel: 01353 666556

[volunteers@vcaec.org.uk](mailto:volunteers@vcaec.org.uk)

[www.vcaec.org.uk](http://www.vcaec.org.uk)

**Women's Institute at Millbrook House**

Lode Cl, CB7 5HR

[www.thewi.org.uk](http://www.thewi.org.uk)



September– October 2019

# JIGSAW

Free Community Newsletter



**SATURDAY 28<sup>TH</sup> SEPTEMBER 2019**

**AT SOHAM RECREATION GROUND**

**9.30– 11.30 COMPETITION ENTRIES IN**

**11.30 JUDGING BEGINS**

**1.30 FAIR OPEN TO THE PUBLIC**

photo by kind permission of Ema Louise Page

**Soham Library**  
Clay Street  
Soham  
Cambs  
CB7 5HJ

**0345 045 5225**

**Library Opening Times**

Mon	9.00am—5.00 pm
Tues	9.00am—1.00 pm
Wed	Closed
Thurs	9.00am—5.00 pm
Fri	2.00pm—5.00 pm
Sat	9.00am—1.00pm
Sun	Closed

**Library Events**

**Monday-** Cambridgeshire Hearing Help

10am - 12pm (1st of the month)

Soham Local History Group 7pm

**Tuesday** - English & Maths

1pm - 3pm and 7pm - 9pm

**Thursday** - Scrabble 2.30pm (2nd & 4th)

Art - 7pm - 9pm

**Friday** - Craft 10am - 1pm

**Soham Museum**

A coffee morning is held on the first

Saturday of every month at Soham Library

10am - 12 pm do drop in, all warmly

welcomed. [www.sohammuseum.co.uk](http://www.sohammuseum.co.uk)

**THE LIBRARY PRESENTS**

**Saturday 26<sup>th</sup> October at 2pm** there will be a two-hour **printmaking workshop** in Soham library where you can learn monoprinting techniques and produce your own art work with professional tutors from Curwen Print Study Centre. The session is suitable for all abilities and levels of experience (minimum age 6 years). Presses, inks, paper and materials all provided. Tickets are £5 standard, £2.50 for concessions.

**Saturday 9<sup>th</sup> November at 10am** there is the opportunity to take part in a **mosaic workshop** at the library. In this inspirational and fun two-hour session, Carolyn Ash will teach you to design, make and grout your own unique piece of mosaic art. All materials provided. Tickets are £5 standard, £2.50 for concessions. Suitable for adults and children (minimum 3 years).

**Friday 22<sup>nd</sup> November at 7pm** Jonathan Lambert brings his **Dark Matters storytelling show** to the library. The show comprises six stories featuring the Devil as a trickster figure. Dark and funny by turn, the stories follow both the seasons of the year and the ages of man. The show includes both live instrumental and recorded music and is suitable for adults and young people over 12 years. Tickets are £7 standard, £4/£5 concessions. A licensed bar will be available.

'The Library Presents' is funded by Arts Council England and managed by Cambridgeshire County Council working with Babylon ARTS. **To see the full programme and to purchase tickets pop into Soham Library or visit [www.cambridgeshire.gov.uk/arts](http://www.cambridgeshire.gov.uk/arts)**



The 'Cold War', as the period between the early 1950s and the demolition of the Berlin Wall in the early 1990s. It was a very busy time for the Royal Observer Corps.

The development of nuclear weapons horrified the world because of its destructive effect as Hiroshima and Nagasaki had shown. By the summer of 1953 Russia announced they had successfully tested a nuclear weapon. The nuclear arms race had begun.

A nuclear weapon, when detonated unleashes massive power and 'fallout' which can travel hundreds of miles downwind: this is where the ROC becomes involved.

Nuclear explosions can be either detonated on the ground as a 'Ground burst' or at altitude as an 'Airburst' which does not create a crater as happened at Hiroshima and Nagasaki. A very powerful wind travelled away from the detonation at great speed, slowing down over distance. This creates a massive vacuum at the detonation point, so the wind reverses and rushes back producing the familiar mushroom plume full of debris and fallout. The natural prevailing wind then takes over and the resulting radioactive fallout is carried along the path of the wind. This was evident after the radiation accident at Chernobyl when the fallout affected the Lake District and Scotland.

The resultant nuclear fallout behaved very much like the smoke from a bonfire which makes it fairly easy to monitor with the appropriate instruments. The intensity of the fallout determines its ability to kill or produce very nasty side effects. Obviously the further away from the detonation the less the effects are.

From 1956 the ROC manned 873 underground monitoring posts about 10 miles apart over the whole of the UK, at a cost of £1250 per post. By the late 1960s several posts had been closed or put on 'care and maintenance'. ROC posts were equipped with several instruments to fix positions of detonations and to record the intensity and direction of the fallout. The Bomb Power Indicator BPI measured the pressure wave or blast effect. The Ground Zero Indicator GZI recorded the direction and height of the explosion making use of a simple camera in combination with 360° compass fix. A Fixed Survey Meter FSM recorded the intensity of the fallout. This information was triangulated with the results from other posts so pinpointing the ground zero and the inevitable fallout.

ROC Monitoring Posts were underground concrete chambers measuring 12feet, 3.66m long, 8ft 2.44 m wide and 2.3m high. The floor level inside was about 10ft 3.1m below ground and were supposed to be able to sustain life for 3 observers for 14 days. For this sort of confinement, one would need to be able to get on with one's colleagues. Thank goodness we never had to, but nuclear exchange came quite close during the Cuba missile crisis in October 1962.



**Soham Directory  
of Community Organisations**

**Police (local)** – dial 101 (in an emergency always dial 999)

**Fire** tel 999

**Age UK**

Dee Potter, Volunteer Organiser

Tel: 01354 691898

[www.ageuk.org.uk/cambridgeshireandpeterborough](http://www.ageuk.org.uk/cambridgeshireandpeterborough)

dee.potter@ageukcap.org.uk

[www.facebook.com/AgeUKCAP](https://www.facebook.com/AgeUKCAP)

**Alzheimer's Society**

Tel: 01954 250322

[www.alzheimers.org.uk](http://www.alzheimers.org.uk)

cambridgeshire@alzheimers.org.uk

[www.facebook.com/AlzheimersSocietyEastAnglia](https://www.facebook.com/AlzheimersSocietyEastAnglia)

**Cambridgeshire Hearing Help**

Tel: 01353 616167

livingwell@cambridgeshirehearinghelp.org.uk

[www.cambridgeshirehearinghelp.org.uk](http://www.cambridgeshirehearinghelp.org.uk)

**Child & Family Centre**

Mary Barnes, Centre Manager

07827 230891

[mary.barnes@cambridgeshire.gov.uk](mailto:mary.barnes@cambridgeshire.gov.uk)

[facebook.com/EastCambsChildandFamilyCentres](https://www.facebook.com/EastCambsChildandFamilyCentres)

Pratt Street, CB7 5BH

**East Cambridgeshire Social Car Scheme**

Tel: 01353 666166

<http://www.vcaec.org.uk>

**Ely Food Bank, Soham Distribution Centre.**

Millbrook House, Lode Close, Soham, Ely CB7

5WN Email: [brendafoodbank@gmail.com](mailto:brendafoodbank@gmail.com)

Bren Francis Tel: 07814 780288

**Healthwatch Cambridgeshire and Peterborough**

Heather Lord, Volunteer Manager

Tel: 0330 355 1285

[enquiries@healthwatchcambspb.org.uk](mailto:enquiries@healthwatchcambspb.org.uk)

[facebook.com/HealthwatchCambsPboro](https://www.facebook.com/HealthwatchCambsPboro)

**Heritage and Tourism**

[www.sohamhtg.co.uk](http://www.sohamhtg.co.uk) / email:

[curator@sohamhtg.co.uk](mailto:curator@sohamhtg.co.uk) /

<http://www.facebook.com/SohamHeritageandTourism>

**Tourism**

[www.healthwatchcambridgeshire.co.uk](http://www.healthwatchcambridgeshire.co.uk)

**Let's Get Moving Cambridgeshire**

Sophie Edwards, Physical Activity Locality

Coordinator Tel: 01353 616348

[Sophie.edwards@eastcambs.gov.uk](mailto:Sophie.edwards@eastcambs.gov.uk)

[www.letsgetmovingcambridgeshire.co.uk](http://www.letsgetmovingcambridgeshire.co.uk)

[facebook.com/LetsGetMovingEastCambs](https://www.facebook.com/LetsGetMovingEastCambs)

**Mothers' Union**

Jan Frost Tel: 01638 721274

[jfwaterside@aol.com](mailto:jfwaterside@aol.com)

**Pos+ability Tel: 07565 59819**

email [posability3@gmail.com](mailto:posability3@gmail.com)

[www.posability.org](http://www.posability.org)

**Ross Peers Sports Centre**

College Close, CB75HP

[www.rosspeers-sportscentre.co.uk](http://www.rosspeers-sportscentre.co.uk)

Tel: 01353 722662

**Soham Baptist Church** – Clay Street, CB7 5HQ

[www.sohambaptist.org.uk](http://www.sohambaptist.org.uk) Tel 01353 720347

email: [info@sohambaptist.org.uk](mailto:info@sohambaptist.org.uk)

**Soham Branch Royal British Legion** - Soham

Town Rangers Social Club, Julius Martin Lane,

CB7 5EQ Email: [sohamrblnews@yahoo.com](mailto:sohamrblnews@yahoo.com)

<http://www.facebook.com/SohamRoyalBritishLegion>



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Soham Town Council plays a significant part in the day to day life of residents living in Soham and Barway, and in the future development of the town as a whole. The services it delivers cover a range of local activities which affect all residents to a minor or major extent. The Council functions as a Town Council within the District of East Cambridgeshire. It has strong links with both East Cambridgeshire District Council and Cambridgeshire County Council, working in partnership to deliver the best possible levels of service for our community.

### Soham Town Council Services

The Town Council provides the following: -

- Allotments
- Burials & Cemetery
- General advice on local authority services
- Grants to Local Organisations
- Litter Control (in certain areas)
- Millennium Walks & Art Trail
- Street Lighting on Footpaths
- Management of Qua Fen, East Fen & Angle Commons
- CCTV Systems
- Hanging Baskets (in partnership with City of Ely)
- Maintenance of Public Footpaths (as agents of Cambs. CC)
- Cutting of Verges on County Roads (as agents of Cambs. CC)
- Various Aspects of Recreation and Open Spaces
- The Walter Gidney Pavilion and Recreation Ground
- Children's Play Area (Downfields)
- Village Halls (although none at present)

Full Council Meetings are held in the Council Offices at The Walter Gidney Pavilion, Fountain Lane, Soham, and normally take place on the second Monday of each calendar month (**except August during recess**) commencing at 7.15 pm.

**The Pavilion,**

Fountain Lane, Soham, CB7 5PL Tel: 01353 723472 Email: [info@soham-tc.gov.uk](mailto:info@soham-tc.gov.uk)

Opening hours Monday to Friday: 9.00am - 1.00pm

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✉ [enquiries@mgippplumbingandheating.co.uk](mailto:enquiries@mgippplumbingandheating.co.uk)







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### Gardening Tips

*John Aitchison*

Water, or should I say the lack of it, causes great problems, which is a bit of an obvious statement. To take water requirement to its extreme, a mature beech tree like those on the Recreation Ground, needs 400 litres of water a day when it is 30°C in the shade.

Water use and conservation is going to become more important in the future. More drought tolerant crops or those needing less water will need to be considered.

Vegetable plants will need water sooner than well-established plants in herbaceous borders. Grey and hairy plants and those with leathery leaves will be able to withstand dryer conditions.

Mulching around the base of plants is usually very good at keeping moisture levels high. For example, grass clippings from the lawn work well on raspberries as their roots are near the surface of the soil. If planting is necessary in dry conditions, make sure to form a bund around the plant like a moat, so any added water has to run down to the roots.

The Neighbourhood Cares pilot has been very successful and we are now focusing on how we can learn from the pilot and share the positive experiences and outcomes across Cambridgeshire. As such the current Neighbourhood Cares team are leaving for new roles with the County Council in other areas during September and October. The County Council will ensure that there is support available in the Library to continue to work with residents in Soham. We will be working in partnership with Royal British Legion to ensure weekly Drop Ins carry on and that the lively Coffee, Cake and Soham Info sessions continue under a new name: The Big Wednesday Pop In. Same time (10 – 12, First Wednesday of each month), same place (Soham Library), same friendly atmosphere, just less of a mouthful to say!

The team have thoroughly enjoyed learning new ways of delivering services closer to communities and are very thankful for being able to do this pilot in the wonderful community of Soham.

We have received very positive comments about the pilot and are always looking for ways that we can continue to build on what we have learnt. We are exploring a range of opportunities and would need your community support to build our team of volunteers to help with events, groups, promotion and more. If you would like further information or a discussion about this, please call us on 01353 613000 or Email: [wendy.lansdown@cambridgeshire.gov.uk](mailto:wendy.lansdown@cambridgeshire.gov.uk)  
Thank you.



### **Editor's Note**

**To all the Neighbourhood Cares team Thank you**

8 **Soham Baptist Church,**  
Red Lion Square,  
Soham, Cambs. CB7 5HQ  
email: [pator@sohambaptist.org.uk](mailto:pator@sohambaptist.org.uk)  
  
Tel: 01353 624255  
<http://www.sohambaptist.org.uk/WP/>

A drop in 'chill out' group after school, term time, Mondays, 3pm -5pm, all secondary young people welcome. Chill out, Wii, table tennis, air hockey, snooker, games, craft, or even homework! 'It's up to you!  
email: [freezone@sohambaptist.org](mailto:freezone@sohambaptist.org)  
Or Facebook: Freezone@sbc Jon Lloyd, Youth Work Coordinator  
@ Soham Baptist Church,

**St. Andrew's Church**  
Fountain Ln, Soham, CB7 5ED  
  
The Revd. Eleanor Whalley,  
Vicar of Soham.

Tel: 01353 725948  
  
Email: [sohamvicar@gmail.com](mailto:sohamvicar@gmail.com)

[www.standrews-soham.org.uk](http://www.standrews-soham.org.uk)  
  
<https://www.facebook.com/StAndrewsSoham/>

### Soham Methodist Church

Minister: Rev Colin Watkins

Sunday Worship 10am  
Sunday school 1<sup>st</sup> and 3<sup>rd</sup> Sundays.

Berrycroft, Soham, CB7 5BL  
Tel: 01353 720347

Monday – Mums and Toddlers 9.15 am – 11.30am Every week in term time  
contact Sue Murfitt 01353 722012

Wednesday Luncheon Club 3<sup>rd</sup> Wednesday of the month 12.30 pm

Contact Lesley Tel: 01353 721669 or Audrey Tel: 01353 721054

Afternoon Tea 1st Wednesday of the month 3.00 pm

Contact Denise Tel: 01353 727855

Soham Brigade for boys and girls aged 9 upwards

Wednesday 6.45pm – 8 pm in term time

Coffee Morning last Friday of the Month 10am – 12 noon

Our hall is available for hire – contact Lesley on 01353 721669 for details



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**TEL: 01353 727695**

### Best Community Photographs 25

*Liz Johnston*

Calling all photographers, we are inviting you to send in your pictures, on any of these four topics: Soham, Fenland landscapes, Remembrance and Activity. There is no age limit and anyone, who is not a professional, can submit a photo or photos.

Please email to us at

**[SCAnewsletter@protonmail.com](mailto:SCAnewsletter@protonmail.com)**

They need to be a minimum size of 6 X 4 inches and 300 dpi so we can reproduce them at a good resolution. Please note that you must not use children in any images and that you have the full permission of the owner of any buildings and property you capture.

### VIVA ARTS AND COMMUNITY GROUP

Viva Arts and Community is well known for its Youth Theatre . For more information about Viva, please call in at our office 9:30am-1:30pm Mondays to Fridays (we are upstairs at the Viva Charity Shop, 7 Churchgate Street, Soham, CB7 5DS visit: <http://www.viva-group.org.uk/get-involved.html>

### Volunteers for the Viva Charity Shop, Soham

It doesn't matter whether you can do two hours a week or a whole day, any time is valuable. Also, any day of the week is fine, and you can also choose which tasks to concentrate on. Manager Peter Lawrence will be happy to have a chat about the options, so if you are interested please pop into the shop at The Viva Centre, 7 Churchgate Street and meet Peter, or call Viva on 01353 722228.

It is great fun and Peter will make sure volunteers get plenty of treats and social opportunities, as well as the chance to see Viva shows and attend awards evenings. training is provided and payment of any reasonable expenses.

### Soham Heritage and Tourism

We are a not for profit group of enthusiastic people whose aim is to further promote our local heritage. Our talks range from Ancient Egyptians through to WW11.



To make it more realistic, we dress up in costumes of the era and together with artefacts give talks on many diverse subjects related to the period in which the children can participate, by dressing the part and acting out their role. This is living history at its best. <https://www.facebook.com/SohamHeritageandTourism/>

### Diabetes Support Group

*Anwar Khan*

Every third Wednesday of each month a Diabetes support/peer group meets at Soham Library from 10:15 to 11:30 am. If you are diabetic or a carer for somebody with diabetes and would like to join, please come along, you are very welcome to join. Refreshments are provided.

At the next meeting on 18th. September, Wendy Smith, Diabetes Nurse - Staploe Medical Centre, will be available for a Q&A session.

Contact the Neighbourhood Cares Team Tel: 01353 613000) for more information.

*Dee Potter*

**Age UK** are very keen to recruit volunteers here in Soham. Volunteer to visit an isolated, lonely older person once a week to share time and experiences with, Please Contact Tel: 01353 691898

### Over 60's

*Ruth Ginn*

Come and join Soham Over 60's Club. We meet every Friday at 2pm at the Walter Gidney Pavilion on the Recreation Ground. We charge £2.50 a year to join and then £1.50 a week plus another 50p for a raffle. Each week we have a speaker, entertainment, with occasional Bingo, Beetle Drive or Quiz and finish with refreshments. We have annual dinners and outings. We are a very friendly group and you will be made very welcome. Tel: 01353 720128



*Emma Hales*

Hello, I am the new Events and Activities Co-ordinator here at Soham Lodge. My mission is to create connections for the residents of Soham Lodge with the lovely Soham community. Should our residents not be able to attend an event, I like to bring the event to them! Recently, we received a lot of media coverage regarding an event I arranged where Ely Pride kindly brought the party to us.

We have amazing activities, events and outings planned for 2019. "Friends of Soham Lodge" was recently set up to raise funds for the residents to make this possible. We are currently funding an interactive smart table to promote activeness in older age. We raise funds for the resident's outings to the seaside, Cathedral, museums, local farms etc. This year we will be visiting Ely Cathedral and Dick Whittington at The Maltings, Ely.

2019 Projects: Inter-generational Project with Little Wombats, Postcards of Kindness, Jewellery Box Project for Ely Police Station, "Look for a Book" Soham, Enchanted Garden Project, Soham Pumpkin Fair Sunflower Project, Residents Allotment, Telescope Stargazing Project, Lego Therapy, Pop-Up Dementia Café, Residents Pantomime, Alexa Quiz, Lip Sync Battle, PAT Therapy, Memory Boxes and a Google Street View Project.

2019 Events: Rugby World Cup Opening Party, Macmillan Coffee Morning, Halloween Party, Rugby Final Party, Firework Celebrations, Remembrance Sunday, Children in Need, and the Christmas Bazaar on November 30<sup>th</sup>. Cambridge Friendly Bikers will be visiting on Christmas Day for the mince pie run. All information regarding these events can be found on our Facebook page "Soham Lodge Care Centre".

We are recruiting volunteers to assist with activities, events and outings. Please contact me at [activities@sohamlodge.co.uk](mailto:activities@sohamlodge.co.uk) for further information regarding volunteering or becoming a member of "Friends of Soham Lodge". I am very interested in hearing from local groups, speakers or performers who would like to visit our home to help our residents integrate with the lovely community of Soham.



# OLYMPIC TYRES

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olympictyres@outlook.com

17 Townsend Soham CB7 5DD - Telephone 01353 720993

## C.E. FULLER & CO FUNERAL DIRECTORS

23 HALL STREET SOHAM CB7 5BN

Complete Funeral Service

Private Chapels of Rest

Pre payment Funerals

Tel 01353 720439

Email: [arrangements@c-e-fuller.co.uk](mailto:arrangements@c-e-fuller.co.uk)

[www.c-e-fuller.co.uk](http://www.c-e-fuller.co.uk)



## Weatheralls Home and School Association (HSA)

All events help to raise much  
needed funds for the school.

For information please contact

**Jenna Myhill**

**Weatheralls HSA Chair**

[myhilljenna@gmail.com](mailto:myhilljenna@gmail.com)

Soham Village College News

Visit <https://theinkling.home.blog/>



## ROSS PEERS SPORTS CENTRE



01353 722662

College Close, Soham CB75HP

## OPENING TIMES

8.00am (7.30am Weds + Fri) 11.00pm (Closing times  
may vary; contact us for latest information)

Peak period 5.00pm—close (Main Hall all week-



TheRossPeersSportsCentre

[www.rosspeers-sportscentre.co.uk](http://www.rosspeers-sportscentre.co.uk)





# TC WINDOWS

WINDOWS, DOORS AND CONSERVATORIES

**Tony Chouler**

07710 973840

01353 722718

tony@tcwindows.com

26 Holmes Lane, Soham

Ely, Cambs CB7 5JP

[www.tcwindows.com](http://www.tcwindows.com)

## Loach & Wade

Optometrists

23a Church Street, Soham CB7 5DS

• Telephone 01353 722667

Hours: -	Monday	9.00 – 12.00	2.30 – 4.30
	Tuesday	9.00 – 12.00	
	Wednesday		5.30 – 7.00
	Thursday	9.00 – 12.00	
	Friday	9.00 – 12.00	2.30 – 4.30

Also at 7 Granby Street Littleport CB6 1NG

• 01353 862333 and

2 High Street, Ely CB7 4JU

• 01353 662674

The information provided within this Free Community Newsletter is for general informational purposes only. While we try to keep the information up-to-date and correct, there are no representations or warranties, expressed or implied, about the completeness, accuracy, reliability, suitability or availability with respect to the information, products, services, or related graphics contained in this newsletter for any purpose.

## Sing-a-Song of Harvest



A short concert by  
the boy choristers of Ely Cathedral

**Friday 4 October, 7pm**  
**at St Andrew's Church Soham**

Tickets £5 from 01353 721920  
or on the door

[www.standrews-soham.org.uk](http://www.standrews-soham.org.uk)



**Thursday 31 October**  
**Drop-in between 3.15 & 5pm**  
**at St Andrew's Church, Soham**

*Come dressed up as your favourite  
goodie or baddie if you want to*

**Children with their grown-ups  
welcome!**



## Support your child's learning

Did you miss out on maths & English GCSEs at school?

Would you like to...

- Learn how English and maths are taught in schools?
- Build your confidence to support your child?
- Gain skills for volunteering or working with children?

Join our free 'Keeping up with the Children' course!

When: Thursday 22 Oct 19, 18.00-20.00 for 5 weeks till 17 Dec 19

Where: Soham Child & Family Centre, Pratt St, Soham



\*For a FREE course, please bring:  
- Proof of identity  
- National Insurance number  
- Proof of benefits claim if applicable



For more information contact us on 01223 703530 or email [CambsALS@cambridgeshire.gov.uk](mailto:CambsALS@cambridgeshire.gov.uk)



## ESOL English for work & life

Do you want to learn how to:

- speak about yourself and your life
- describe your country
- give important information about yourself
- gain confidence
- improve your pronunciation.

When: 16<sup>th</sup> Sep – 9<sup>th</sup> Dec 2019, 09.15 – 11.45 (12 weeks)

Where: Soham Child & Family Centre, Pratt St, CB7 5BH



\*For a FREE course, please bring:  
- Proof of identity  
- National Insurance number  
- Proof of benefits claim



For more information contact us on 01223 703530 or email [CambsALS@cambridgeshire.gov.uk](mailto:CambsALS@cambridgeshire.gov.uk)





**SATURDAY 28<sup>TH</sup> SEPTEMBER 2019**

**AT SOHAM RECREATION GROUND**

**9.30— 11.30 COMPETITION ENTRIES IN**

**11.30 JUDGING BEGINS**

**1.30 FAIR OPEN TO THE PUBLIC**

**OUR BENEFICIARIES FOR THIS YEAR ARE:**

**ST ANDREW'S CHURCH,**

**SOHAM COMMUNITY GROUP &**

**FRIENDS OF SOHAM VILLAGE COLLEGE**

**IT'S A GREAT DAY OUT FOR ALL**

**THE FAMILY SO WHY NOT**

**COME ALONG**

**(SEE OUR WEBSITE FOR MORE DETAILS**

**INCLUDING COMPETITIONS & ENTRY FORMS)**

**WWW.SOHAMPUMPKINFAIR.CO.UK**



*Carol Sennitt*

I noticed in my day to day work as a foot health professional that there are many elderly people living at home alone and unable to get out and about, mostly due to lack of transport and mobility problems. Soham did not have a Day Centre and there was no funding available to set one up, so I started fundraising with my friends and family in May 2018. As a result of this Soham Community Group was opened in January 2019 and held at Millbrook House with about 20 people in attendance.

Fast forward six months and we now have between 28 and 50 people attend our new venue at The Causeway each Monday. The day starts at 10 am with refreshments, which are free of charge. Various activities are arranged take place such as crafts, bingo, exercises and music. A two-course lunch is available for a small charge. The day usually finishes about 2:30pm with more refreshments. We have volunteers who help with the day-to-day running of the group and help with transport. Despite also having help from Nellie, the Tuk-Tuk, we still need more volunteer drivers, so please get in touch.

If you know of anyone who might be interested in attending this group or volunteering as a driver, please contact me Email [carol@sennitt.com](mailto:carol@sennitt.com) or Tel: 07762 645579

**Voluntary Community Action East Cambs (VCAEC)**

**Cambridgeshire Social Car Scheme require volunteer drivers for the Soham and Ely area.**


<http://www.vcaec.org.uk>

**Tel: 01353 666166**


*Deborah Newman*



We hold sessions in the Soham Pavilion on Wednesdays 10-12noon, Our sessions offer Exercise & Rehabilitation, are great fun and run every week, fully wheelchair accessible. Suitable for Stroke, Parkinsons, MS, MD or other conditions, as well as falls prevention exercises.

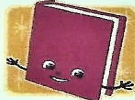


# Soham Books



38 High St., SOHAM, CB7 5HE  
Tel/Fax: 01353 722259  
e-mail: [joy@sohambooks.co.uk](mailto:joy@sohambooks.co.uk)

Opening Hours:-  
Mon; Tues; Thurs; Fri: 10.00am - 4.00pm  
Sat: 10.00am - 1.00pm  
Wednesday by appointment



Come and find us and see our wide selection of books, cards and gifts

National Book Tokens and Gift Vouchers also available

## Together With Dementia

Do you care for someone with dementia?



Do you find it difficult to go out and have some time for yourself?

Do you worry about leaving the person you care for on their own?

We offer a support and sitting service for people with dementia and their carers. If you are caring for someone with dementia and need to get out for a while, for shopping, appointments or just in need of a break, Together with Dementia offers a Sitting Service, where a trained person stays with the person you care for, giving you time to do the things you need.

As well as giving you time to take a break, the person you care for can benefit from spending time with someone different. Together with Dementia can tailor the visit to meet individual needs. We can plan to do activities with the person you care for, take them out if they would like, or simply have a chat and keep them company while you are away.

Our staff are DBS checked and can meet with you (prior to a booking) so you can feel at ease, knowing the person you care for is happy while you are out.

If you would like to register with us, or would like any more information, please don't hesitate to give us a call or have a look at our website:

**www.togetherwithdementia.co.uk** Tel: 01353699572 / 07908716809

Email: [togetherwithdementia@gmail.com](mailto:togetherwithdementia@gmail.com)

### **Soham Men's Shed**

We need skilled people, willing people, drink-making people, and anyone that would like to help. We are planning to open on Thursdays 10.00 - 16.00 as our regular day (to start with), and continue with the ad hoc weekend sessions!!

For more information, visit the Soham Men's Shed Facebook page or call 078311 68899.

**South Angle Farm, Angle Common, Soham**

(Go over river bridge, over railway line, then take right following sign posts)



The CamSight Soham group for people with a visual impairment meets every 2<sup>nd</sup> Thursday 10am to 12noon at the Causeway Community Room, Soham CB7 5BD.  
Contact Lulu Kirby Tel: 01223 420033 Ext 24



**Lulu Kirby**

'Cam Sight clients and volunteers enjoying a boat trip on the River Cam'.



We sourced funding for the trips and they were open to all Cam Sight clients. This trip was a boat trip from The Plough at Fen Ditton down to Midsummer Common in Cambridge with Cam Boats. While on the river, passengers were served a Cream Tea.

Some passengers travelled on a long boat and others on a more accessible electric boat. We were lucky to have lovely August weather.

## **Yew Trees B&B**

A warm welcome awaits you at Yew Trees with tea and biscuits on arrival. Comfortable beds and a great breakfast, cereal, fruit juice, full English or scrambled egg, smoked salmon.

Double or twin available with private facilities.

**Rates:-** Double room £70 per night. £50 per single occupancy per night

To book please call **01353 721669** and. check availability.

We look forward to meeting you soon.

Proprietor **Lesley Watchorn** 1 Yew Trees , 34 Hall Street, Soham. CB7 5BW



**Geoff Fisher Bishop Laney Trustee**

If you are under 25 years old, live in Soham, Ely or immediate surrounding villages, and are entering a form of further education, future career training or an apprenticeship, you may be eligible for a grant from Bishop Laney's Charity. The Charity gives book and equipment grants to students attending university and other forms of further education and it gives grants for tools and other requirements for those in apprenticeships.

The Charity has been in existence for nearly 350 years and was founded by Benjamin Laney, Bishop of Ely, with the initial purpose of supporting apprentices. It has six Trustees; three from Ely and three from Soham who administer the Charity. We are keen to help as many local students as possible and we are constantly striving to spread the word. A typical book grant is £250 in the first year and £150 in subsequent years at a further or higher education establishment, and an apprentice would receive £250 for each year of their term. The employer also receives a grant. Many locals from older generations will have been Bishop Laney Apprentices. For further information on grants and eligibility, please visit our website at [www.bishoplaneycharity.org.uk](http://www.bishoplaneycharity.org.uk)

**viva!**  
arts & community group

**NEW  
BABY &  
TODDLER GROUP!**

**EVERY WEDNESDAY**

**9:45am-10:30am at The Viva Centre**

Brand new singing & dancing class specially for little ones (12 months - Pre School age). Join us each week for music, songs, rhymes, dances and fun! Costs £3.00 per session.

Cost includes a free snack for children and free Coffee or Tea for the adults.

Jess: 07407 062 961 [jessicabea76@gmail.com](mailto:jessicabea76@gmail.com)

## Tai Chi at Millbrook

Every Monday at 10am on the third floor at Millbrook House, Lode Close, CB7 5WN .

All welcome,  
£2.

Classes start Monday 19 Sept 2019.

Contact Mo Childs

Tel: 07900 858309

Email: [mo123artwork@gmail.com](mailto:mo123artwork@gmail.com)



## Pumpkin Fair 2019

### What's on this year?

**There will be lots of competitions and activities to commemorate the:  
'75th Anniversary of the Soham Rail Disaster'**

**Soham Heritage and Tourism Group, who will be dressed in 1940s style, have a display in their gazebo.**

**Soham Museum's items and documents of interest, together with Anita Brown's scrapbooks, will be in the Scout Building.**

**We have a Children's Fancy Dress on the theme, (starting at 1.15 pm). Also, we are running a Pet Show (starting at 12 noon).**

**Arena displays include those from:**

**Soham's primary schools and other local groups:**

**Ferret Racing, Ely Irish Dancers and Kuk Sool Wan, with, of course, the usual Classic Cars, Zorbs, Funfair, BBQ, Stalls, Raffle and Refreshments.**

**Any ideas for next year? Post them in our 'Suggestion Box' in the Pavilion.**



Soham Distribution Centre

*Bren Francis*

Ely Food bank provides emergency food and support to people experiencing crisis in the local area. We are looking for more volunteers to help in Soham. We really value the contribution of your time, and you will make a real difference to the life of someone in crisis. You don't have to be available every week and there are different roles we can offer.

Our opening times are: 9.30am to 11.00am every Thursday morning at Millbrook House.

The address is Millbrook House, Lode Close, Soham, Ely CB7 5WN  
Just a 2 minute walk beyond the library in the centre of Soham.

Please contact us for more details and if you are interested in volunteering for us: Email: [brendafoodbank@gmail.com](mailto:brendafoodbank@gmail.com) Tel: 07814 780288

We stock a large range of items including:

Greeting cards & wrapping paper

Fabrics

Toys, Wools, Haberdashery

Plus many other useful items



**Alteration Service Also Available.** Tel: 01353 722969

**Call Jane Baker on: 07809 243002**

**[www.simplyallsortssoham.co.uk](http://www.simplyallsortssoham.co.uk)**

**13A Churchgate Street, Soham, CB7 5DS**

# Soham Repair Café #3

## International Repair Day

**Sunday 20th October 2019**



**10:00 - 14:00**  
**Soham Library**  
7 Clay St, CB7 5HJ



**Broken lamp, misbehaving laptop, torn jeans?**

Bring them along and our experienced volunteers will do their best to fix them whilst you watch, help and learn

**A free community event!**

Pre-booking recommended:

@SohamRepairCafe  
 [sohamrepaircafe@gmail.com](mailto:sohamrepaircafe@gmail.com)

**: Electronics : Electricals : Toys : Clothing :**

Refreshments available

Donations welcome



We are a group of dedicated parents and teachers who are raising money for the benefit of all students.

For more information on our fundraising and goals, find us on Facebook. [Friends Of Soham Village College](#)





16 The Royal British Legion is the UK's leading Armed Forces charity and one of its largest membership organisations.

Soham Branch meets at 7.30pm on the second Thursday of every month at the Soham Rangers Football Club, Julius Martin Lane , Soham.

#### Future Events

On 10<sup>th</sup> October the Annual General Meeting will be held to appoint a new committee.

**Membership is open to everyone.**

If you have an interest in the objectives of the Legion and want to help and support for those who have served and their families, come and join us. Free youth membership is open to everyone over 12 up to the age of 18 and we welcome men and women of all ages, whether they have served in the Armed Forces or not, to help continue the work that was begun nearly 100 years ago. Becoming a member also provides the opportunity to get involved in a wide range of activities, volunteer work and events held locally, regionally and nationally throughout the year.

Visit [www.britishlegion.org.uk](http://www.britishlegion.org.uk) for details of our national initiatives

Branch Chairman Mike Donoghue Email: [Soham.Chairman@rbl.community](mailto:Soham.Chairman@rbl.community)  
Branch Secretary John Aitchison Tel: 01353 720177  
Branch Treasurer Colin Elsdon Tel: 01353 724071

#### Poppy Collectors required

*Pauline Paines*

As in previous years, we are planning on collecting outside of Asda and Co-op Soham from Saturday 2<sup>nd</sup> November to Saturday 9<sup>th</sup> November. To have maximum coverage we are in need of more collectors, so if you can spare any time, please contact me Pauline Paines on 01353 624469 or [mppaines@hotmail.com](mailto:mppaines@hotmail.com) for more information.



#### Soham Branch RBL News and Events

*Mike Donoghue*

Branch members have been active throughout the summer with events and community support.

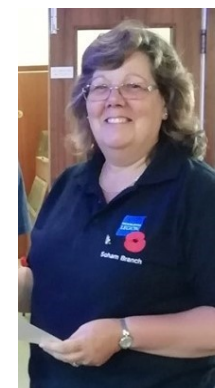
#### Presentation of Certificates

James Wood, President of Soham Branch Royal British Legion presented Ray Goodwin the Store Manager of Co-op Soham, with a certificate in recognition of the ongoing support given to the RBL by the manager and staff.

Also present was Pauline Paines, our Poppy Organiser, who thanked Ray for the store's support in hosting Poppy collections each year during the lead up to Remembrance Sunday. I also thanked Ray for the help given by his staff throughout the year.

We also hosted a family fun evening at Soham Town FC Social Club; the atmosphere was fantastic. The room looked great, the entertainment and games were first class. Presentations of Branch Certificates for outstanding service were made to Pauline Paines, Max Paines, and Tony Chouler.

We are all very busy finalising the details for the **Poppy Appeal Launch** which will take place on 26<sup>th</sup> October this year. Remembrance Sunday falls on 10<sup>th</sup> November and the parade will revert to its afternoon timings by forming up outside the college from 2pm. Detailed timings will be published shortly.



## Pumpkin Fair - Supporters and Stallholders (to date)

Stall holders	Displays/ Events	Other Supporters
Soham Books	Perfek Pets * New this year* - Pet Show organiser	Soham Town Council - Use of Pavilion and Recreation Ground
Love where you Live - Lucy Alda	Soham History Museum (Soham Rail Disaster) - Anita Brown - Scrapbooks	Soham Scout Group - providing marquee and Scout building
TerraCycle - Kathy Murray	Soham Heritage & Tourism (Soham Rail Disaster)	Methodist Church - Refreshments in the Pavilion
Beavers	Soham Classic Vehicle Club	Gloof Café - - "Free - from" Refreshments stall
Soham Library - Louise Aldridge	Soham's Primary Schools - Displays in the Arena	Friends of SVC - BBQ
St Andrews Church	Craft Club - running Craft tent	Soham Gardening & Allotment Group – running veg sales
Soham Community Association (SCA)		Nellie Tuk Rides
Brownies		Soham Young Farmers - helping on gates
Royal British Legion		Soham Twinning Association - Hosting our French counterparts
Soham Community Group (SCG)		Simply Allsorts - made new Mr Pumpkin outfit free of charge
Pos +Ability		

## WHY NOT TRY NELLIE THE TUK TUK?

Soham raised the funds to purchase Nellie as volunteer-fuelled community transport for the town. You may have seen her around the town, taking people to appointments, coffee mornings, drop in sessions and local performances by Viva Theatre Company!

To book a journey call: 07708 575772

Leave a message with  
your number and we  
will call & confirm



Service available Mondays and Wednesdays 9am - 4pm

Soham only, passengers must be 18 years +

Pre-booking required, maximum of two passengers per journey (no pets)

This is a charitable, free to use service, donations welcome to help keep Nellie on the road!

SOHAM BOWLS CLUB

*Geoff Fisher*

Are you interested in playing outdoor bowls in Soham?

Soham Bowls Club is situated on Fountain Lane, Soham, opposite the Fire Station. We are a mixed gender club with teams in The Ely and District Evening and Afternoon Leagues. The evening leagues are split into men and women's teams, but the Afternoon League has mixed teams. We also enter county competitions as well as regularly holding our own club competitions and fun events. We are always pleased to welcome new members, whether they want to play in league teams or play on an ad hoc basis. We have a 'roll up' on Wednesday afternoons at 2pm when members can just turn up and play with however many others are there. We also have some social members. Whether or not you have played before, we would be delighted to hear from you if you would like further details.

Secretary, Soham Bowls Club

Tel: 01353 721316

# Michael Antony

*Ratpack and Swing Vocalist*

**Weddings Parties Dinners  
Festivals and Shows**

*A selection of favorite big band  
tunes from Frank Sinatra,  
Bobby Darin Dean Martin  
Michael Buble and many more  
A Fun show for all the Family*

**Call 07710973840 or email on  
tony@tcwindows.com**

Check us out on  or our website  
**michaelantony.net**  
see you soon

